Invest Consistently

BEGINNER PRACTICE WORKSHEET

Grab a pen and plan out your own consistent investing schedule. There's no wrong answer here — the goal is just to build a feel for turning investing into a routine instead of a guessing game.

Section 1 — Your Schedule

Amount you could realistically invest on a regular basis:

$

How often would you invest it? (weekly / monthly / other):

What day or date would you invest, no matter what the price is doing?

How could you automate this (e.g. a standing order, a round-up app, a broker's auto-invest feature)?

Section 2 — Spot the Temptation

Think back to a time (with any purchase, not just investing) when you waited for the "perfect moment" and it didn't pay off the way you hoped.

What were you waiting for?

What actually happened while you waited?

Looking back, what would a fixed, consistent schedule have looked like instead?

Tip: try the interactive "Could You Beat Alex?" simulator on the Invest Consistently lesson page at growthcapitalgroup.co to see how timing luck plays out with real numbers.

Section 3 — Reflection

What's one small change you could make this week to start investing on a fixed schedule?

What usually causes you to hesitate or wait when it comes to investing decisions?

How would automating your investing (so you don't have to decide each time) change how you feel about it?